

# CORONAVIRUS

Norths Collective believes in protecting the health of all its patrons, employees and contractors, when they arrive at any of its venues, and in providing and maintaining an environment without risks to their health and safety.

## WHAT IS COVID-19 CORONAVIRUS?

In December 2019, the World Health Organisation was alerted to several cases of pneumonia in Wuhan City, Hubei Province of China. Upon investigation, it was found that the respiratory illness was caused by a new Coronavirus.

Coronavirus is a respiratory illness which is believed to have initially spread from animals to humans but now is spreading from person-to-person contact. According to the Centres for

Disease Control and Prevention, it is unclear how easily or sustainably this virus is spreading between people.

Typically, respiratory viruses are most contagious when an individual is most symptomatic, but there have been reports of the virus spreading when the affected individual does not show any symptoms.

## WHAT ARE THE SYMPTOMS?

Common signs of infection include respiratory symptoms which may appear in as few as 2 days to as long as 14 days after exposure and may include:

- Fever and Sore throat
- Cough
- Stuffy nose
- Shortness of breath
- Breathing difficulties
- Middle ear infections (in children).

In more severe cases, infection can cause pneumonia, severe acute respiratory syndrome, kidney failure and sometimes, even death.

## HOW DOES IT SPREAD?

- The COVID-19 is transmitted from person to person
- The spread occurs when people are in close contact (less than 6 feet) with an infected person
- The virus primarily spreads via respiratory droplets when an infected person sneezes or coughs

## HOW TO PREVENT INFECTION SPREAD?

*Currently there is no vaccine for COVID-19. The best measure is to avoid coming into contact with the virus.  
What all individuals can do to minimise risk of exposure:*

- Regularly clean hands by using soap and water or alcohol-based hand rub
- Cover nose and mouth when coughing and sneezing with a tissue, then immediately dispose of the tissue and wash hands
- Avoid touching your eyes, nose and mouth with unwashed hands
- Avoid close contact with people who show the symptoms of fever and cough
- Clean and disinfect objects (counters, gaming machines, door handles, toilets, phones, etc.) and surfaces that have been touched
- If you or someone in your household has had exposure to the virus, clean all "high-touch" surfaces every day and avoid sharing personal household items.
- If you suffer from the symptoms – fever, cough and difficulty breathing, get medical attention immediately and stay home and away from people for at least 14 days
- Practice food safety. If you handle food like raw meat, milk or animal organs, handle with care to avoid cross-contamination with uncooked foods, as per good food safety practices
- Thoroughly cook meat and eggs
- Don't consume raw or undercooked animal products
- While in an infected environment, wear disposable gloves and properly dispose of used gloves and other disposable items that come in contact with sick persons or body fluids.

## MONITORING

### *Keeping our Employees Safe: What to do if an employee shows flu-like symptoms*

- They should immediately isolate themselves (and not come to work) and call their doctor or Health Direct 1800 022 222 for an assessment. The venue manager must be informed.

### *Keeping our Patrons and contractors safe: What to do if they show symptoms Politely encourage them to:*

- Take appropriate health and cleanliness precautions and to return home immediately to isolate themselves and to get some bed rest
- Seek medical advice as soon as possible – advise them to call their doctor or Health Direct 1800 022 222 for an assessment
- Make sure alcohol-based hand sanitizer is available for use and clean and sanitize objects or surfaces that may have been touched
- The venue manager must be informed, and details of the person and incident be recorded.

### *Bodily Fluid Event: What to do if there is a bodily fluid event*

If a patron or employee vomits or has diarrhea it is recommended that the following protocols be applied:

- Ensure the employee who is cleaning up the area is using Personal Protective Equipment
- Segregate the area that has been contaminated
- Clean surfaces that may have blood, stool or body fluids on them and sanitize the area including the floor, walls and any other objects contaminated by the incident
- Dispose of any food or beverage that have been exposed
- Ensure any utensils that might have been exposed are cleaned and sanitized
- Properly dispose the materials that was used to clean the area.

*Please note this is clearly a rapidly evolving situation and regular checks of credible websites are encouraged:*

- [https://www.who.int/docs/default-source/coronaviruse/situation-reports/20200302-sitrep-42-covid-19.pdf?sfvrsn=84123f99\\_2](https://www.who.int/docs/default-source/coronaviruse/situation-reports/20200302-sitrep-42-covid-19.pdf?sfvrsn=84123f99_2)
- <https://www.health.nsw.gov.au/Infectious/diseases/Pages/coronavirus.aspx>
- <https://www.smarttraveller.gov.au/news-and-updates/coronavirus-covid-19>